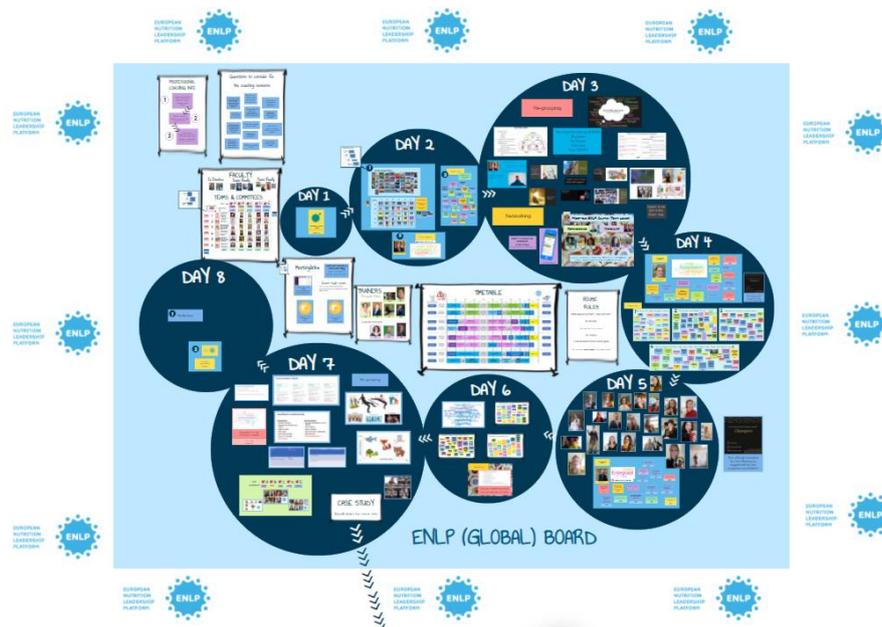




European Nutrition Leadership Platform

Training, inspiring & connecting leaders in food and nutrition

Annual Report 2020/21





The ENLP journey

ENLP is a dynamic network of food and nutrition professionals that makes a difference through improving non-scientific, transferable skills such as leadership, communication and influencing.

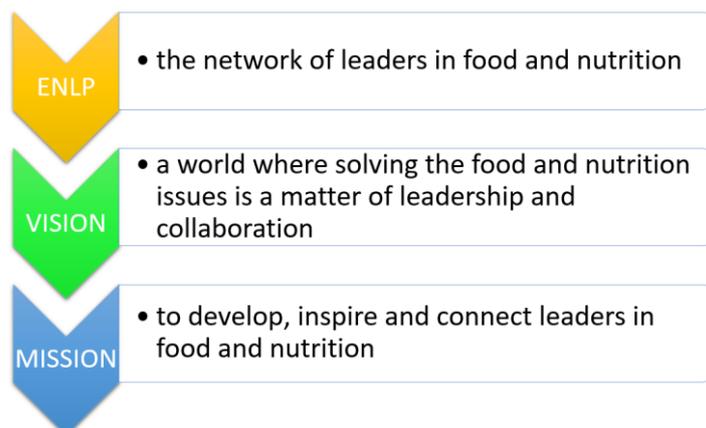
In the early 1990s, a group of academics in Wageningen University had a view to create a leadership programme for - back then mainly - PhD students in nutrition sciences in Europe, to provide training in specific skills which were needed to secure their first post-doc position after obtaining a PhD degree. Consultations were held with colleagues at other universities and in relevant industry, and in 1994, a new leadership programme, named the ENLP was started in Luxembourg – the first of its kind! With no university (at that time), Luxembourg was chosen as the venue to be a neutral location for every participant.

This first initiative – now known as the ENLP Essentials Seminar – was designed to help recently graduated food, nutrition and dietetic professionals build their skills in this area and start to build relationships with fellow professionals across Europe. In 2010, 16 years later, the ENLP Advanced Seminar was born. Driven by a strong wish from some of the then 450 ENLP alumni for a follow-up of the Essentials Seminar, a 3-day leadership training programme was designed to provide skills in the specific areas of most relevance to mid-career food, nutrition and dietetic professionals.

Today, besides two annual training programmes, ENLP also consists of the ENLP Network that organises sessions in conferences, events and Local Circles. Former participants keep the network engaged through active working groups related to Networking and Visibility.

Since the ENLP began, other Nutrition Leadership Platforms (NLPs) have been established in Africa, South-East Asia and Latin-America. We all share a common understanding of leadership which is the "ability to lead from where you stand". The core concepts for all NLP programmes include team building, leadership training, effective communication, and teamwork. NLP's objective is to empower nutrition professionals to achieve their goals and to inspire individuals to lead others to attaining their goals. Since we started almost 1000 nutrition and health professionals have been trained with in-depth life-changing leadership skills.

The ENLP vision & mission (updated in 2019)





A Recap on 2020/21 – Leading Through a Pandemic

Despite a typical start to the year, 2020 shaped up to be a year like no other for ENLP, much like everything, as the whole world navigated through the COVID-19 pandemic. At the time our previous Annual Report was being published, the Board took the regrettable, but right, decision to cancel the 2020 Essentials and Advanced seminars owing to the Coronavirus pandemic. From here, both seminars took a slightly different approach owing to their respective stages of preparation: the Essentials Seminar was postponed until 2021, and the Advanced Seminar was staggered across 2020/21. Indeed, the pandemic was around for longer than we all initially anticipated, so in 2021 both seminars were delivered virtually and more information on how this impacted each of the seminars can be found on pages 5-10 of this report, along with the outcomes of the evaluations.

Following the successful establishment of the ENLP Foundation in 2019, a legal entity for the organisation based in the Netherlands, we were grateful for having this more efficient administrative structure in place as the financial implications of the pandemic came to light. A particular acknowledgment must be given to our Board member and Treasurer, Professor Renger Witkamp who was instrumental in negotiating a decreased cancellation fee from the hotel. While this cost may have been unavoidable under the circumstances, it provided incentive for a small sub-committee from the Board to begin a tender process to search for a more cost-effective venue for post-2021. Various locations across Europe were debated and considered, with three different quotes obtained for different venues in Belgium, Northern Ireland and the Netherlands. Taking account of the like-for-like cost, balanced with the facilities on offer, the best quotation to meet our needs was from the conference centre '[Zonheuvel](#)' Doorn, in the Netherlands. This was subsequently reserved for both ENLP seminars in April 2022.

The Essentials and Advanced leadership seminars continue to be the primary focus for ENLP. Our ambition is to enable a diverse and inclusive seminar attendance which is representative of the European population. Whilst we are incredibly proud of our Alumni, we recognise a high proportion of seminar participants tend to live and work in the United Kingdom and The Netherlands. Since our last report in 2019, specific efforts were made to ensure a more balanced representation through targeted recruitment from under-represented countries and a new bursary scheme, both of which were successfully rolled out in the run up to the 2020/21 seminars (more on page 16).

Outside of the seminars, efforts to move forward the ENLP Strategy continued as much as reasonably possible as the new socially distanced world we live forced the Board and Alumni Team rethink how we operate, most notably where initiatives relied heavily on face-to-face interaction, such as the local circles or engagement at conferences. That said, with every challenge comes opportunity and moving forward, we focused on growing the ENLP 'Voice' through enhanced engagement of our Alumni network which you can read more about on pages 11-15.

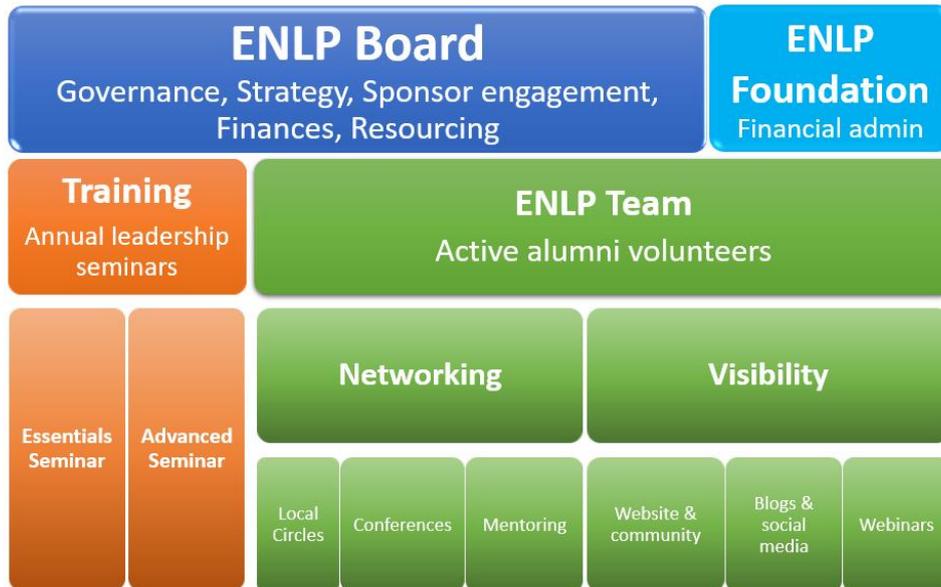
In 2021, the other substantial development made possible via the ENLP Foundation was the formal appointment of Dr Kirsty Pourshahidi as ENLP Co-ordinator. This role will replace the secretariat role previously held by Cornelia van Bree-Evers, to provide dedicated personnel responsible for co-ordinating key activities for the ENLP, ensuring timely delivery of the key milestones. Kirsty will initially act in this role for 2 years (1 day per week) from February 2021.

ENLP remains incredibly grateful to our sponsors, [Danone](#), [PepsiCo](#), [Nestlé](#), [Bayer](#) and [Yakult](#). The activities outlined in this report would not be possible without their continued support, trust and commitment.



ENLP Governance

The **ENLP Board** governs the ENLP, now alongside the **Foundation** as the legit entity for the ENLP, which besides the annual leadership seminars, involves a range of activities throughout the year. These activities are led by an **actively engaged** group of alumni volunteers and can be roughly divided in activities that contribute to ‘**Networking**’ and the overall ‘**Visibility**’ of the ENLP.



The Board is the ultimate decision-making body, which normally meets four times per year, but (like everything in the world) this was a bit different in 2020/21 when all our meetings went virtual! This gave us the opportunity to meet more frequently, including 5-6 meetings per year.

Key responsibilities of the Board include securing financial sustainability, strategy development, ensuring a high-quality standard and constant evolution of the leadership seminars, and sponsor maintenance and recruitment. The Board members are also champions and ambassadors of the ENLP, actively seeking and accepting opportunities to present the ENLP to relevant audiences. Some changes to the Board membership were noted in 2020/21, with new representatives for both Training and Visibility.

-  **President - Alison Gallagher**
-  **Coordinator - Vanessa Goodenough**
-  **Treasurer - Renger Witkamp***
-  **Representative Training – Sarah Vaudaine**
-  **Representative Training – Emilie Combet**
-  **Representative Visibility – Erin Boyd Kappelhof**
-  **Representative Network – Raymond Gemen***
-  **Sponsor Representative – Nicolas Gausserès**
-  **Secretariat (Board) – Kirsty Pourshahidi**

* ENLP Foundation Director



ENLP Seminars

In March 2020, the Board took the regrettable, but right, decision to cancel the 2020 Essentials and Advanced seminars owing to the Coronavirus pandemic. As some of the preparatory work for the Advanced Seminar was already conducted at the time of cancellation, the participants were offered a series of three online workshops in 2020, with the remaining content postponed until 2021. All those who were successful in obtaining a seminar place in 2020 were automatically offered a place in 2021.

In October 2020, and with the ongoing pandemic situation, a further decision was made to deliver both seminars virtually in 2021: a first in ENLP's history! Both seminars were staggered across various dates from March – May and all participants were expected to commit to attend for all days.

Essentials 8-day programme early-career researchers	Advanced 6-day programme for senior professionals
<ul style="list-style-type: none"> • Outdoor training • Team working • Communication and presentation skills <ul style="list-style-type: none"> • In-depth self-analysis • End of seminar case study (Application of the lessons learnt) <p>Focuses on leadership, not capacity building in nutrition science</p>	<ul style="list-style-type: none"> • Introduction to INSIGHTS personality tool <ul style="list-style-type: none"> • 360 review process • Leadership & emotional intelligence <ul style="list-style-type: none"> • Strategic influencing • Handling difficult conversations • Strategies to achieve win-win negotiations <p>Focuses on non-scientific and soft-skill challenges such as leadership, interpersonal and strategic influence</p>

Selection process

All ENLP applications are received via online application forms, the administration of which in 2020/21 was handled by the seminar Directors/Co-Directors and more recently, the newly appointed ENLP Co-ordinator, Kirsty Pourshahidi. All applications are reviewed by independent international selection committees and are scored against the individual programme requirements. Successful applicants must meet the minimum requirements to ensure only excellent candidates are brought onto the programme. In addition, for the Essentials, the selection committee also considers a balance of participants in terms of nationalities and country of origin.

Since creating the fully online application process in August 2015, efficiencies in the selection process have been noted and these processes are reviewed every year by the seminar co-directors, who also provide feedback to all applicants not selected.

With the postponement and change in format for the [2021 Essentials Seminar](#), 22 out of the original 30 high-quality candidates held their place, and thus a further round of applications was opened in Autumn 2020 when 8 new candidates were selected. The overall number of applications across both years was higher than in 2019 (+10), and the majority were scored as high/moderate by the four members of the selection committee.

For the [2020/21 Advanced Seminar](#), a total of 27 good quality were received at the end of 2019, of which 21 high-quality applications were selected with 3 kept for the reserve list. Following a few withdrawals/declines of offers, 2 of the reserves accepted a place which left a total of 20 Advanced participants going into 2020. Subsequently, 15 of these 20 completed the virtual part of the seminar in 2021.



2020/21 seminars

The 26th ENLP Essentials and 9th ENLP Advanced Seminars were attended by 45 early-mid career leaders in food and nutrition, representing 18 nationalities, working in 14 countries across Europe.

Essentials March-April 2021		Advanced 2020 and March-May 2021	
<p>59 applicants (for 30 places) +10 applicants than last year 5 years average: applicants = 53 (for 31 places)</p>		<p>27 applicants (for 20 places) -3 applicants than last year 5 years average: applicants = 24 (for 17 places)</p>	
<p>30 attendees Academic, 21 Industry (Gold sponsor), 4 Other, 5</p>		<p>15 attendees Academic, 7 Industry (Gold sponsor), 4 Other, 4</p>	
<p>Average age, 32 years (range 26-40 years)</p>		<p>Average age, 41 years (range 33-51 years)</p>	
<p>Working in 12 countries</p> <ul style="list-style-type: none"> Belgium, 1 Denmark, 2 France, 1 Germany, 1 Ireland, 3 Italy, 1 Norway, 4 Russia, 2 Serbia, 1 Switzerland, 3 The Netherlands, 4 UK, 8 	<p>16 nationalities</p> <ul style="list-style-type: none"> American, 1 Belgian, 2 British, 7 Canadian, 1 Dutch, 3 Dutch/Guinean, 1 French, 4 French-Mauritian, 1 Greek, 1 Irish, 1 Italian, 2 Norwegian, 3 Russian, 2 Serbian, 2 Spanish, 1 Swiss, 1 	<p>Working in 9 countries</p> <ul style="list-style-type: none"> Bosnia, 1 Belgium, 3 France, 2 Ireland, 2 Russia, 2 Sweden, 1 Switzerland, 1 The Netherlands, 2 UK, 1 	<p>14 nationalities</p> <ul style="list-style-type: none"> Belgian, 2 Bosnian, 1 British, 1 Dutch, 3 French, 1 Greek, 1 Irish, 3 Polish, 1 Russian, 1 Swiss, 1
<p>Organisations represented: Baze Labs GmbH Blédina - Danone Company / Danone National Institute for Health Research (NIHR) Global Alliance for Improved Nutrition (GAIN) King's College London Leuven University Lund University Maastricht University Oxford Brookes University PepsiCo Queen Mary University of London Queen's University Belfast Sight and Life Teagasc Food Research Centre The Global Alliance for Chronic Diseases University College Dublin University of Belgrade University of Bergen University of Leeds University of Pavia University of Zurich Vrije Universiteit Amsterdam Wageningen University & Research Western Norway University of Applied Sciences. WHO European Office for Prevention and Control of Noncommunicable Diseases (NCD Office)</p>		<p>Organisations represented: Alpro ETH Zürich Danone Nutricia Research European Food Information Council (EUFIC) Health Council of the Netherlands Joint Research Centre- European Commission Lund University PepsiCo University College Dublin University of Sarajevo University of Sheffield Wageningen University & Research</p>	



2020/21 Seminar Evaluations

Essential Seminar rated 9.3 out of 10

Key words to describe the seminar:
Valuable | Empowering | Life changing
Challenging | Inspiring | Insightful

Quotes from participants:

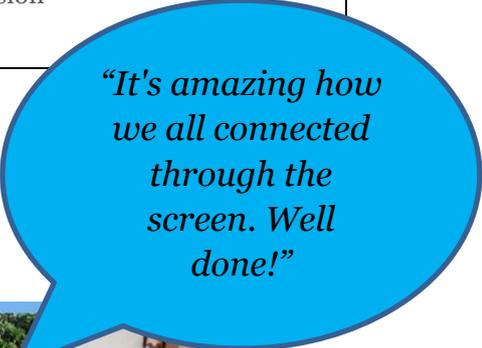
- Thank you for organizing such an amazing experience, I am impressed by how well it worked online!
- Keep that enthusiasm, warmth, and fire! We really felt inspired and safe with you!
- The program was meaningful with a peak reached during the case assignment. It felt like something was being built regarding leadership skills. It was not just a "collection" of modules
- I can see why ENLP is so prestigious - you expect a lot of your participants, but you also give a lot back. Congratulations on a successful seminar and thank you for all your hard work.

Advanced Seminar rated 4.3 out of 5

Key words to describe the seminar:
Inspiring | Useful | Networking | Motivating

Quotes from participants:

- Inspiration, a lot of useful information about leadership, combining theory & practice, great content
- It was interesting to discover my current style and see opportunities for growth in many directions
- Perfect for the stage of my career
- You really got to know your course-members (even though this course was only virtual)
- Programme really provided an environment of trust
- Sessions helped to structure a lot of information and provided new vision



Essentials 2021





“Really enjoyed the seminar! It gave me a lot of food for thought and a lot of ideas of how I can improve my way of working and interacting with others.”



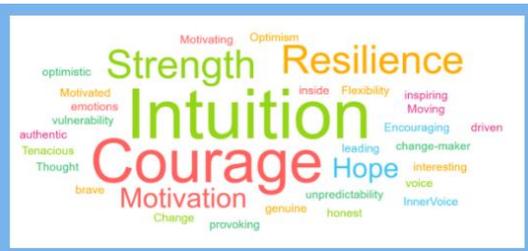
Advanced 2020/21

Interactions

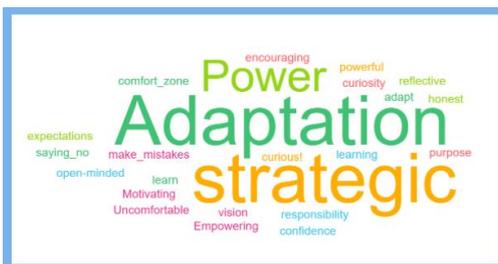
As every year, interaction between ENLP Essentials and Advanced participants was ensured through a speed networking session, as well as attendance at the after-dinner speeches. In 2021, the ENLP was delighted to welcome Erin Boyd Kappelhof, Professor Corinna Hawkes and Dr Giles Yeo, who shared their leadership journeys with the participants and faculty.



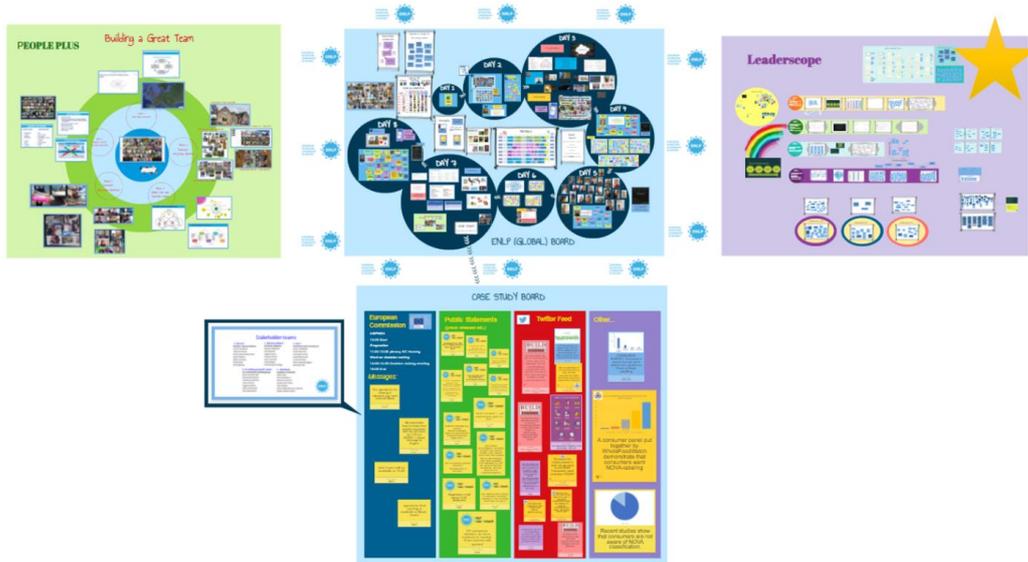
Erin Boyd Kappelhof



Dr Giles Yeo



Professor Corinna
Hawkes



At the time of cancellation of the 2020 Seminars owing to the COVID-19 pandemic, some of the preparatory work for the Advanced Seminar was already completed, and therefore, the participants were offered a series of three online workshops. The trainers from *Greenbank* offered the participants online Insights and 360 training using the Adobe Connect platform. This included versatile learning tools including whiteboard, polls, breakout rooms and co-coaching. Each of the participants were then offered two individual coaching sessions helping them understand, appreciate and build a development plan based on strengths identified by their 360 feedback. This indeed was much more than would be offered in a face-to-face format, and the Board thanked Ian and Judith for not only facilitating this, but at a very reasonable cost. With the decision to keep the remaining elements of the Advanced Seminar online in 2021, this was delivered across six workshops (in Thursday's) across March, April and May.

Owing to the staggered delivery of the Essentials and Advanced seminars, together with the vast amount of work needed by both Seminar teams to pivot all the learning content and unique elements of ENLP into a virtual delivery, the opportunity for interaction between the two virtual seminars was limited in 2021. While there was some glimmer of hope for a return to some sort of normality in 2022, and the Seminar's being conducted in-person again, everyone acknowledged the uncertainty remained. From understanding the online platforms and capabilities better, agreeing to have more overlap and/or joint sessions and overall, taking what went well in 2021, the Senior Faculty were confident that any future online delivery could be made even better again (even if we were all still missing that networking over a nice dinner)!



Finally, a **very special note of thanks** to our inspiring Directors, Milka Sokolović and Dr Sarah Vaudaine who finished their term in 2021 on the Advanced and Essentials Seminars, respectively. Milka will pass the 'ENLP Advanced baton' onto Professor Emilie Combet, and Sarah that of the Essentials onto Dr Marco Mensink, both of whom were able to shadow and support in 2021 in their incoming year. We wish them all the very best in the future, from the whole ENLP family!



ENLP Working Groups

The ENLP leadership journey starts, but in no way finishes, with seminar participation. We have an active network that throughout the year is running different activities, which can be divided in those that are building, strengthening, and training the alumni **network**, while the other activities revolve around increasing the **visibility**, through dissemination and engagement of the online community.



ENLP Alumni Team



The ENLP Alumni Leadership Team is coordinated by Vanessa Goodenough. In 2020/21 the ENLP team consisted of more than 20 active volunteers supporting the six above mentioned working groups across the ENLP priorities of **Visibility** and **Networking**. The coordinator's key responsibility is to regularly check in with the leads of the Visibility and Network activities and to play an active role between the Board and the Working groups, through regular email updates and teleconferences with all working group leads.

In 2020/21 the activities of some of the working groups was limited, however, such challenges also brought opportunities in the form of webinars and online mentoring initiatives that could easily continue in the virtual world. In addition, with news from our current website provider that they could no longer support the main ENLP website after the end of 2021, a small working group was formed to secure an alternative provider, simultaneously taking the opportunity for an overall refresh and consolidation of the website content and format. Progress reports on these activities are included below under 'Working Group Updates'.

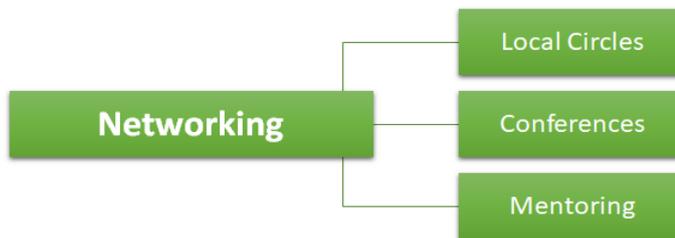


Working group updates



Networking – Raymond Gemen

The Networking activities are coordinated by Raymond Gemen and consist of the following teams:



Local circles – Alie de Boer

The ENLP Local Circles are organised by a group of active alumni in the respective countries and combine leadership training with networking to keep the network alive with continuous leadership development. The activities also increase visibility, and can attract future applicants to the Seminars, as well as providing an opportunity to showcase ENLP to potential funders. Events are publicised via ENLP social media accounts and are further highlighted through ENLP blogs.

Four active Local Circles exist across Spain, the Netherlands, the UK and in Greece, operating primarily under a self-funding model, whereby attendees pay for or generate funds to support maintenance of the alumni network.

At the end of 2019, the newly-formed [ENLP Greek Local Circle](#) was invited to participate in the biannual Hellenic Nutrition & Dietetics Congress. At the congress' 15th event, Greek dietitians and nutritionists were challenged to think outside of the box and to embrace soft skills as part of their life-long learning journey and as a valuable tool towards effective clinical practice.

In 2021, Alie de Boer took over as led of the Local Circles working group, and Stacey Lockyer was thanked for all her support, and with the UK Local Circle specifically, during her time in this role.



Conferences – Aurora Perez-Cornago



Despite limited activity across 2020/21, the conferences team continued to plan for future events (e.g. FENS 2023) and took the opportunity to engage with online conferences where relevant. A successful example of such an online event was delivered by **Kirsty Pourshahidi** in September 2020 as part of the [6th NNEdPro International Summit on Medical Nutrition Education and Research](#).

Since the first International Summit in 2015, NNEdPro has hosted this annual scientific and strategic meeting as an opportunity to bring together potential change makers from various countries, professions, and sectors all interested in the dynamic interfaces between Nutrition and Health. In 2020, the mid-point of the UN Decade of Action on Nutrition (2016-2025), discussions were continued on voluntary actions essential to prioritise nutrition through education and research.



Mentoring – Joanna Kaniewska

The ENLP mentoring programme was established in 2019 with the mission to extend the ENLP experience beyond the training in Luxembourg.

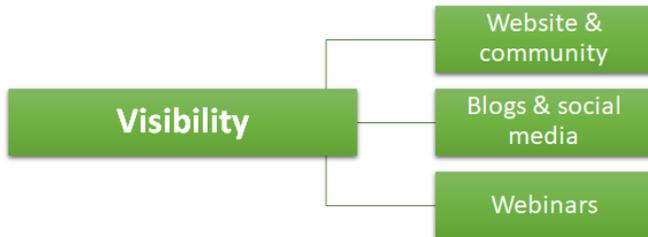
By engaging with the programme Alumni from both Essentials and Advanced seminars, can continue to leverage the support of the ENLP community of food and nutrition professionals so that they might continue their journey towards becoming effective leaders.

Within the programme, we strive to match mentors and mentees to facilitate sharing knowledge, skills and experience to assist others to progress in their professional and personal development.



Visibility – Erin Boyd Kappelhof

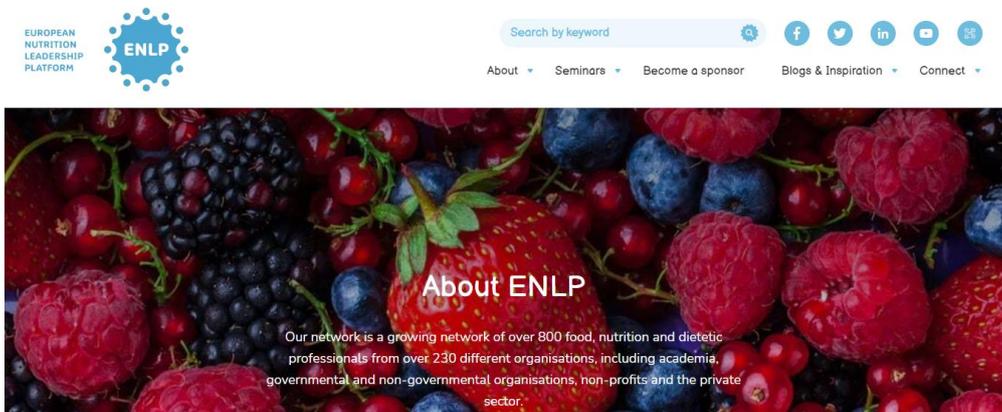
The Visibility activities are coordinated by Erin Boyd Kappelhof and consist of the following teams:



Website & community – Triantafyllos Pliakas

The website (www.enlp.eu.com) continues to be the public face of ENLP, providing a home for updates on the annual seminars and enabling online applications. However, it has become increasingly clear that the existing website is outdated, as it is exhibiting suboptimal functionality and major content updates are needed. At the same time, the website hosting company was no longer able to service ENLP. As such, in the Summer of 2021, the website committee with the support of a student Intern (supervised by Kirsty Pourshahidi), began the process of developing a new/refreshed website with support from a web developer.

The Intern was responsible for archiving the information on the old website, researching and securing quotes from several companies, conducting a SWOT analysis on each to inform the final decision. Seven companies responded overall, and Website NI were selected to best fit within the approximate budget (€5k). A sneak peak of the new design was presented to the Board at the end of 2021.



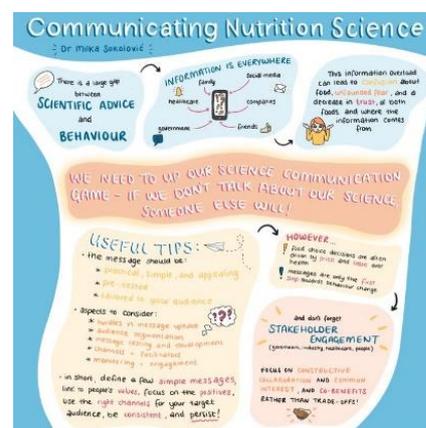
The new website is expected to be live in early 2022 and prior to this, arrangements were made to renew and secure the existing domain name with the new provider to enable a seamless transition.



Blogs & social media – Magdalena Stepien

The following [blogs](#) were published across 2020/21, including a special series on **Leading during COVID-19**:

- Interview with Dr. Megan Rossi
- Leadership approaches and styles: a presentation delivered by Dr Majella O’Keeffe at the UK Local Circle Event
- Greek ENLP Local Circle Event
- Professor Alison Gallagher: Leading during COVID-19
- Dr. Louise Mennen: Leading from your screen
- Prof. Renger Witkamp: Life after Covid-19; Back to normal
- ENLP Webinar: Nutrition science, stakeholders & impact: is communication the missing link? By Dr Milka Sokolović
- Seeing the 40 different faces of my wife - interview with Rick Koster
- 2020: COVID-19 Leadership challenges and lessons learned
- Dr. Alie de Boer: Presenting yourself online
- Interview with Dr. Ruairi Robertson
- Interview with Dr. Katherine Livingstone



Webinars – Louise Durrant

Commencing in 2020, the aim of the ENLP alumni series was to engage with and nurture ENLP alumni while also promoting ENLP to prospective participants, sponsors and other stakeholders. With topics alternating between soft skills and nutrition topics, the first webinar, held in October 2020, featured Dr Milka Sokolovic, who delivered an engaging presentation on Nutrition Communication, attracted 61 total participants, including both ENLP alumni (42%) and non-members (58%).

The webinar series continued in 2021 with Dr Sarah Berry delivering a webinar on Personalised Nutrition in April 2021, which attracted 130 participants, including 73% non-alumni. The final webinar of 2021 was delivered by Dr Majella O’Keeffe on 2nd December, focused on Leadership Styles.

A strong promotional plan and forward planning has been shown to be key to the success of the webinars to-date, which is reflected in the registration/attendance rates, however, despite the numbers, there has always been excellent engagement throughout the sessions. Recordings of the webinars and upload to the ENLP [YouTube](#) page provides the opportunity to watch the webinars ‘on-demand’ and will provide a beneficial resource for ENLP moving forward.



ENLP Impact

The alumni network

Those who have attended the ENLP know that it is a unique and life-changing experience; the only one in its kind, training, inspiring and connecting (future) leaders in food and nutrition. Since 1994 there have been 26 ENLP Essentials and 9 Advanced Seminars; and the network in 2021 counts 888 alumni, who are spread around Europe and beyond in a range of organisations (academic, industry, NGO, public health authorities, self-employed consultants).

From 2021, a new **Mobilize** digital platform was created by Raymond Gemen to allow the powerful network to unlock its full potential, and the ENLP to keep evolving and delivering on its mission “to develop, inspire and connect leaders in food and nutrition”. By the end of the year, an impressive 437 (49%) of alumni had signed up, and this number continues to grow!

Diversity and inclusion

Although the ENLP has had participation from across Europe, a review of the alumni list in 2018/19 reported that many countries with low numbers of attendees, and in contrast, a few with significantly higher numbers, particularly the UK and the Netherlands. At the time, this data was collated on country of residence as historically, this was all that was recorded at the time training was undertaken.

Following this, the ENLP agreed to also monitor participants’ nationality (based on passport), as well as country or work/residence and as per the 2019-2025 strategy, set out to achieve the ambition to “enable a diverse and inclusive attendance which is representative of the European population”. Supporting this strategy, a pilot bursary scheme was introduced in 2019 (for the 2020/21 Seminar participants), for which the separate applications were reviewed by a dedicated *Bursary Committee*, comprised of five Board members.

On the application form for both the Essentials and Advanced Seminars, applicants were asked to justify (in no more than 150 words) their bursary request based on their current financial circumstances, and select one of three options:

1. Full bursary (participation fee including full board, lodging and travel expenses)
2. Partial bursary (part of participation fee)
3. Travel bursary (allocation towards travel expense)

The Bursary Committee independently reviewed 19 applications across both Seminars and awarded 2 full bursaries (€2000 each) and 9 partial bursaries (€650 each) to participants coming from priority countries and other under-represented countries, respectively. The total value of these bursaries was €9,850 which has since facilitated participants from a larger number of countries to join the Seminars.

YEAR	ESSENTIALS		ADVANCED	
	Countries	Nationalities	Countries	Nationalities
2018	11	15	8	11
2019	10	19	8	14
2020/21	12	16	9	14



Testimonials from ENLP alumni and sponsors

The main, life-changing impact that the ENLP has in terms of personal and professional development, career acceleration, and network expansion, cannot be captured in numbers, but is of a more qualitative nature. Every year, the ENLP reaches out to a few alumni - from both recent and earlier years - and sponsors to ask them how the ENLP has impacted their lives.

ENLP Alumni



Laura Kirwan (Essentials 2021)

Sustainability Lead, Nutritics | Vice chair of the Sustainable Health Systems committee on the European Health Parliament

"The ENLP Essentials course changed my life in 2021. It connected me with like-minded individuals when I really needed direction and motivation in my career. Learning about myself as a leader, how I work and might react in different situations, within such a supportive and uplifting environment was an amazing experience. I have recommended, and will continue to recommend, the course to anyone that will listen!"



Lieselotte Cloetens (Advanced 2020/21)

Associate Professor in Biomedical Nutrition, Lund University

"I love the ENLP courses, and I recommend it to all food and nutrition people! I learned a lot about leadership, coaching, communication, and negotiation skills! It gave me a huge amount of inspiration and it is a great opportunity for networking! My notes taken during the course are a source of power when having a bad working day"

ENLP Sponsor



Kelly Bristow

Senior Manager Global Partnerships for Science & Nutrition - International Organizations, Bayer

"Bayer's mission of "health for all, hunger for none" requires partnerships with leading organizations and individuals around the world to make it a reality. In these times of crisis due to a pandemic and increasing food insecurity, nutrition leadership is more important than ever before. The skills and networks participants build through both the essentials and advanced program are important next steps to become leaders. Bayer believes that the ENLP gives the future generation of food, nutrition and dietetic professionals the skills and networks to partner with others and help lead the world in meeting global nutrition goals. Bayer is excited to be a sponsor and collaborator for this platform."



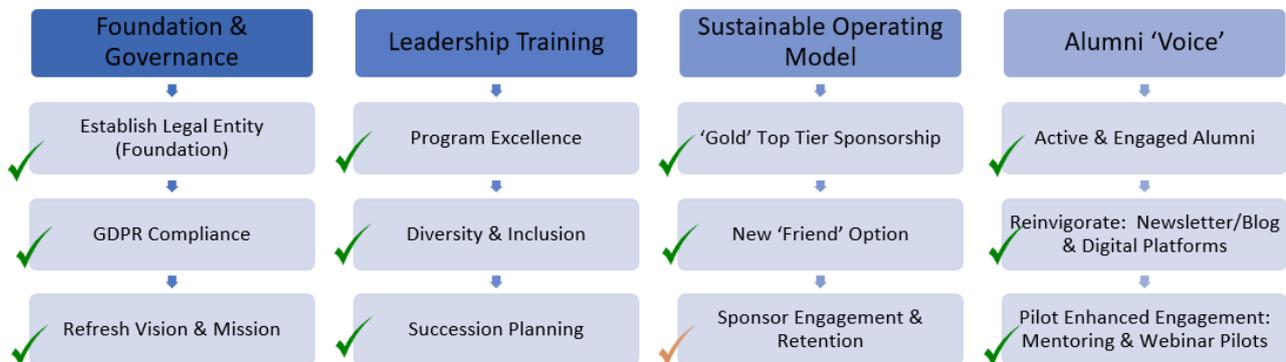
What's next?

Towards the end of 2021, applications were opened for the 27th Essentials and 10th Advanced Seminars, alongside the announcement of a new venue and format, with both seminars planning an online start, followed by the main in-person delivery across March/April 2022 in Doorn, the Netherlands. The COVID-19 pandemic on the other hand, had other ideas with many restrictions put in place across much of Europe again from December 2021 and into early 2022.

At the time this Annual Report was being finalised, the Senior Faculty for both seminars met (31st January 2022) and based on the varied and somewhat uncertain situation across Europe at the time (given the level of restrictions), took the difficult decision to again pivot to a fully online delivery for the ENLP Seminars in 2022. This decision was communicated to all participants on 2nd February and although we acknowledged that it was possible that the restrictions at the time might have lessened over the weeks ahead, we could not guarantee this. Rather than plan for both scenarios, the team focused on delivering the very best online programme and ENLP experience for all participants.

Outside of the seminars, efforts to move forward the ENLP Strategy will continue and hopefully as the world starts to open up again, our ENLP activities will be re-ignited and it will be timely to review our previous ENLP Strategy, thinking ahead for the next version from 2023 onwards.

ENLP Strategy 2019-2022: Progress Made to Date



Updated green checkmarks against most of these strategic priorities and outcomes is testament to the ongoing support and dedication volunteered by the ENLP Board, Sponsors and Alumni Team. Sponsor engagement and retention is the one remaining area to be progressed further in 2022 to improve the financial sustainability of the ENLP, but we will also continue our ongoing successes!

The launch of the new website, growing the new digital Mobilize network, new blogs, webinars and an update of the ENABLE partners is planned.