



24th Essential Seminar, European Nutrition Leadership Platform

Luxembourg, 21 – 29 March 2018

General information

The European Nutrition Leadership Platform (ENLP) was pioneered 23 years ago to develop and cultivate leadership skills among nutrition scientists in Europe. Its mission is to establish an independent and sustainable network of leaders 'to train, educate and inspire the next generation and ensure a strong impact on nutrition and health'. Organized by a group of leading European nutritionists, in close collaboration with a consortium of European universities and research institutes (ENABLE), and funded by sponsors from the European food industry, it is part of a global network of Nutrition Leadership Platforms (NLPs).

The Platform organises two seminars, ENLP Essentials and ENLP Advanced, which have been proven as an extremely inspiring and effective model to develop leadership and communication skills. By now, more than 700 people have taken part, creating an extensive network of nutrition professionals.

ENLP Essentials Seminar

This highly practical and personalised course on leadership skills is specially designed for early career professionals in the areas of nutrition, food, and health, coming from industry, academia, public institutions and NGOs alike. Organized annually in Luxembourg the focus is on personal development and leadership. The seminar consists of three main elements: principles of team work and team roles, communication skills and leadership styles, and the role of nutrition in society from a multi-stakeholder perspective. These elements are organized in an intensive and interactive manner consisting of discussions, lectures, workshops, outdoor elements and multiple assignments. Individual development is further supported by personal coaching and reflection. During the seminar, senior leaders in nutrition are invited to share their leadership experiences and career development. Feed-back of participants consistently indicates that the seminar is unique in its kind.

The programme is designed for ambitious final year PhD students and postdoctoral fellows or early-stage researchers in nutrition science in Europe. Nutrition professionals with an MSc or PhD degree in nutrition or related sciences, who have several years of professional experience in the area of food/nutrition and health, are also invited to apply. Applications are especially encouraged from countries under-represented in the ENLP, like Eastern and Central, and, to a lesser extent, Southern Europe. Preference will be given to candidates under the age of 35 years.

Participation fee*, including the course and full accommodation, is:

- A. €1,750 for Research/Academia/Public Institutions/NGOs
- B. €3,700 for Industry, ENLP Gold sponsor
- C. €5,300 for Industry, ENLP Friend
- D. €6,250 for Industry, non B. or C.

Please apply [online at enlp.eu.com](http://enlp.eu.com) latest by 10 December 2017!**

Thirty-two candidates will be selected by an independent international selection committee. Candidates will be informed of the decision early January 2018, and invoices will be sent as soon as the candidate has confirmed their attendance.

* Cancellations must be made in writing and reach the Course Administrator (cornelia.vanbree-evers@wur.nl) prior to the start of the course subject to the following:

- 10% of the full fee will be charged on cancellations received **up to 10 calendar days** of the start date.
- 20% of the full course fee will be charged on cancellations received **within 9 calendar days** of the start date.

** Please note that this is **not** a scientific seminar, it focuses on developing communication & leadership skills, and we encourage you to consider this when drafting a motivation.

